

Grow with us

Work with us

Ask us

New Mexico 4-H Youth Development

4-H provides youth with opportunities to learn skills, gain knowledge and make contributions to their communities.



4-H leaders believe youth have the capacity to thrive when presented with the resources for healthy development found in families, schools and communities, regardless of background, race or gender.

About

The New Mexico 4-H Youth Development program is an informal education program dedicated to creating self-directing, productive, contributing members of society by providing youth with the opportunities to acquire leadership, citizenship and life skills. Members learn how to think, not what to think, and develop an appreciation for the importance of self, science, agriculture and the home.

The goal of the 4-H Youth Development program is to provide appropriate developmental opportunities for young people to learn and experience life skills, practice them and be able to use them when needed throughout a lifetime. The program achieves success by providing members with positive peer groups, year-round community clubs, special-interest groups, school enrichment programs, leadership experiences and other camps, events and activities.

Youth can grow through numerous leadership opportunities at the club, county and state levels, and may even go on to represent their state at the national level. Running for or serving as an officer or in committee positions not only helps youth develop leadership abilities, but also helps develop skills in public speaking, teamwork and decision making.

More than 200 projects are offered in a variety of areas, such as animal science, creative arts, engineering, nutrition, horticulture, agronomy and citizenship. Shorter-term projects are

also available for special-interest groups and school enrichment programs.

Nationally, 4-H began around the start of the 20th century in the work of several people in different parts of the U.S. who were concerned about young people. The seed of the 4-H idea of practical and hands-on learning came from the desire to make public school education more connected to country life.

Head, heart, hands and health are the four Hs in 4-H. They are the four values that members work on through fun and engaging programs. Head –managing and thinking. Heart –relating and caring. Hands –giving and working. Health –being and living.

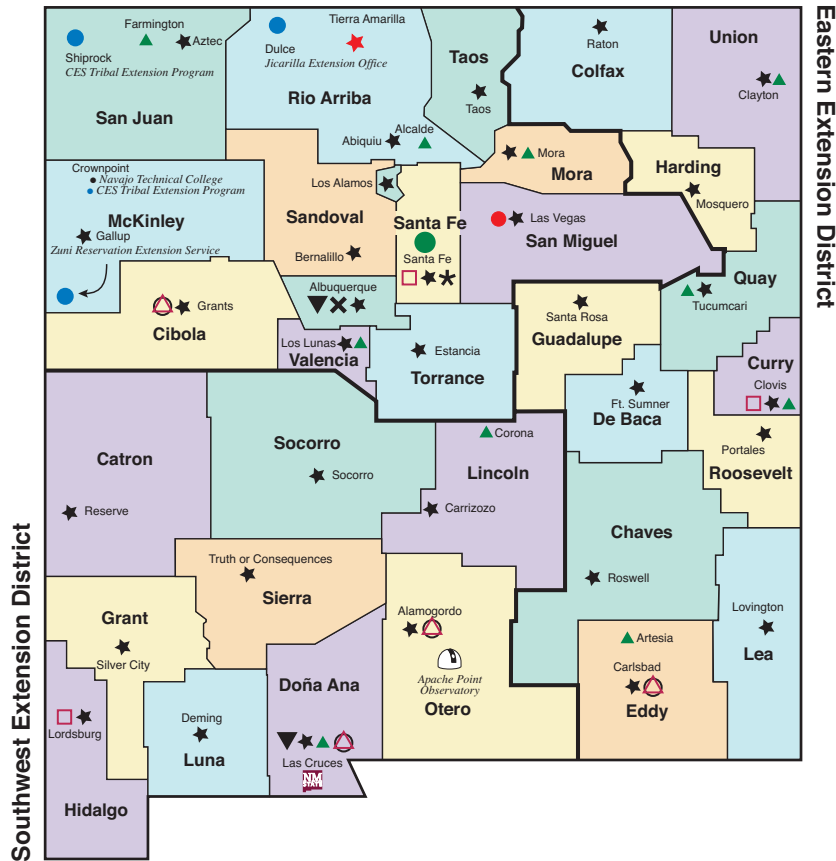
Get Involved

The success of the 4-H program is made possible by the dedication of some 2,800 adult volunteer leaders who share their time, skills and knowledge with 4-H members. The program reaches more than 75,000 children aged 5 to 19 with diverse ethnic and socioeconomic backgrounds from urban, suburban and rural areas across the 33 counties in New Mexico.

Contact

For more information or to join the 4-H Youth Development program, contact your county Extension office. Additional information is available by calling (575) 646-3026 or by visiting <http://aces.nmsu.edu/4h/>.

Northern Extension District



Facility Locations

- ★ County Cooperative Extension Service Offices
- ★ Satellite County Office
- Tribal Cooperative Extension Service Offices
- ▲ Agricultural Science and Research Centers
- Cooperative Extension Service District Offices
- ★ University Government Affairs
- Ⓜ NMSU Community Colleges
- ✕ Admissions Office
- Santa Fe Ranch Demonstration Site
- NMSU NMSU Main Campus
- 🕒 Apache Point Observatory
- ▼ CES/New Mexico Works Program
- Memorial Middle School Agricultural Extension and Education Center

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